



## **HOPE & COPE Support Group**

Do you have a family member or a friend who is dealing with drugs, alcohol, addictions or mental distress?  
Are you wrestling with these issues yourself?

**With Hope & Cope  
You don't have to walk this road alone!**

---

The Hope & Cope Support Group is a faith-based group that meets to pray, reflect, and if desired, share their stories, feelings and experiences with the group.

### **The Hope & Cope Group Schedule 2016/2017**

**St. Barnabas Church, Chapel Meeting Room**

**Sundays 5:00 p.m. to 6:00 p.m.**

September 18, 2016	May 21, 2017
October 16, 2016	June 18, 2017
November 20, 2016	July 23, 2017
December 18, 2016	August 27, 2017
January 22, 2017	September 24, 2017
February 19, 2017	October 22, 2017
March 26, 2017	November 26, 2017
April 23, 2017	December 17, 2017

**Hope & Cope is a free program. No registration is required, just come!**

**For further information contact:**

Deacon John Silvia 401-683-1343, ext.208 or email [deaconjohn@jsilvia.com](mailto:deaconjohn@jsilvia.com)



*Sponsored by the Diocese of Providence, Catholic Charities & Social Ministry  
St. Matthias Ministry*